

### **Objectives**

- Common opioid induced side effects and comorbidities
- Common lifestyle related comorbidities
- Increased mortality in addiction disease
- Methadone impact on that mortality

### What is the Impact of Addiction?

**Negative and Holistic** 

### **Biological Impacts**

- HIV, Hepatitis C
- · Other infectious diseases & abscesses
- Malnutrition
- Cardiomyopathy, Hypertension, Pulmonary fibrosis, Hepatic cirrhosis, Esophagitis, Gastritis, Pancreatitis...
- Trauma
- Overdoses

Multiple drug dependencies

• Death

### **Opioid Side effects**

- Sedation/ Respiratory Depression
- Constipation
- Poor dentition

### Skin

- MRSA common
- Abscesses
- Chronic ulcers
- Scabies
- Bed bug bites



# Case 1

### HIV

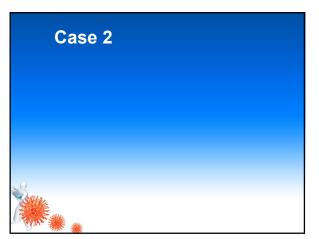
- A chronic viral infection
- Treatable to the point of patients able to live a normal lifespan
- Methadone allows for stability
- Allows for diagnosis, engagement and treatment
- Treatment non detectable viral load – decreased spread

### HIV

- Treating addiction opens the door to testing for HIV and Hep C
- Patients may not get tested otherwise
- Addiction treatment engages patient into care
- Methadone allows for regular appointments

### HIV

- Like other chronic diseases regular blood work necessary – q3 months
- · CD4, viral load,
- Need to monitor renal function as well if on antiretroviral therapy



### **Hepatitis C**

- Methadone allows for stability and the ability to treat.
- Genotype 1,2 now 99% cure rates
- · Genotype 3 80% cure rates
- Methadone allows for adherence, cure will decrease spread if relapse
- Burden of liver disease projections are huge

### **Hepatitis C**

- Treatment is expensive
- · Once cured can reinfect
- Stability is important prior to treatment
- Methadone allows for that stability



### Case 3



### **Infective Endocarditis**

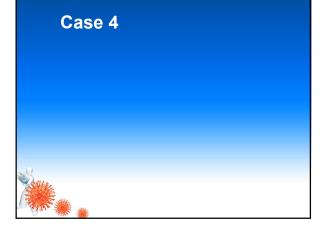
- · Difficult to treat
- Multiple infections destroy heart valves
- Increase congestive heart failure



### **Infective Endocarditis**

- If history of IE or murmur on exam then cardiac echo is warranted
- · Increased congestive heart failure
- Edema common also in liver failure as well

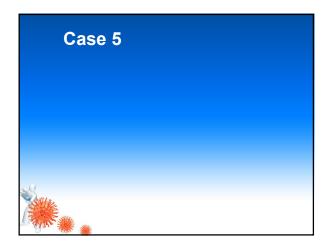




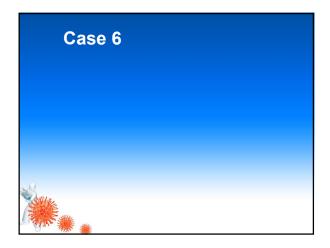
### **COPD**

- Most have a history of smoking
- Seems earlier onset in addiction population





### Talc Lung Talc induced granulomas mainly caused by injection of tablets Results in pulmonary hypertension and cor pulmonale



## Pulmonary emboli • Septic emboli • Common with tricuspid endocarditis